

Govt. Degree College, Nirmand
District Kullu, H.P. - 172023



Supporting Documents

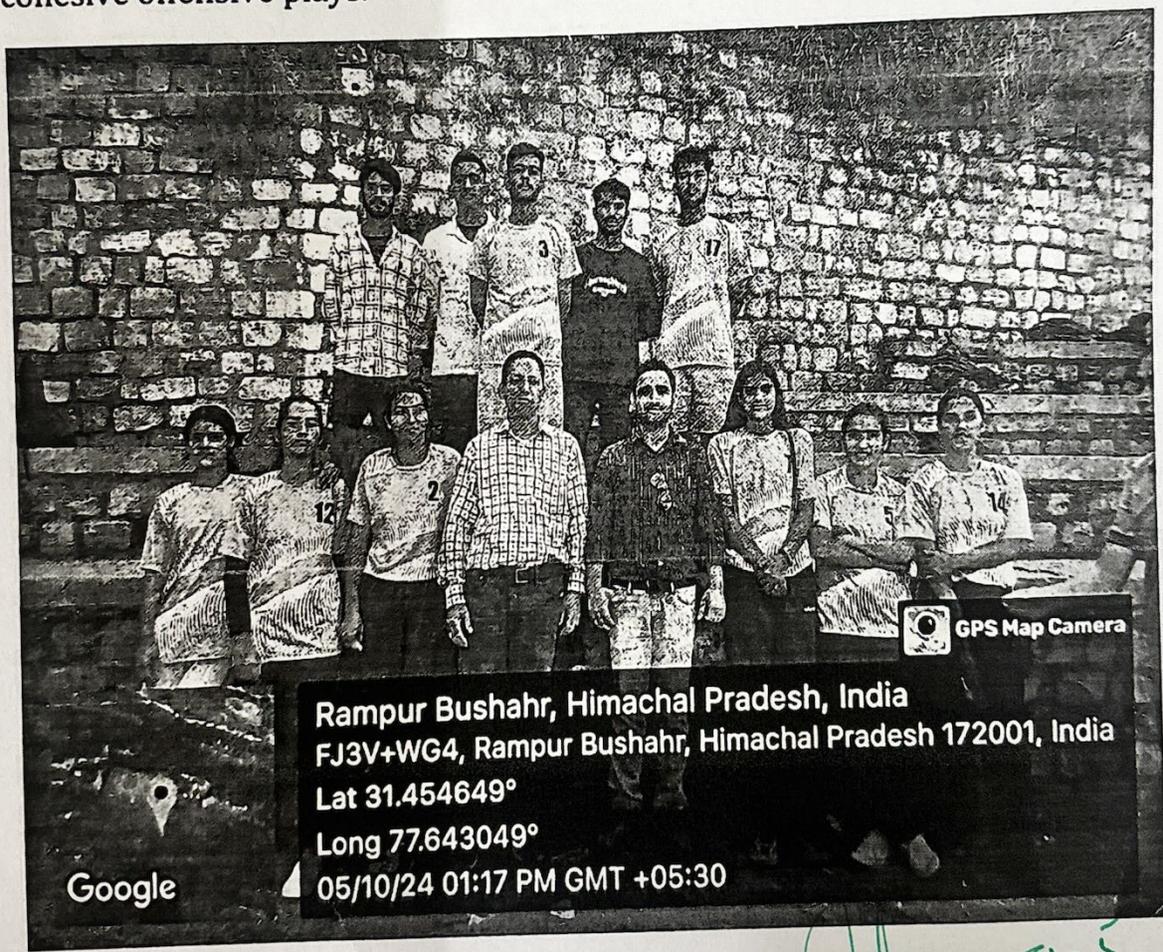
Criterion: 2 (Student support, Service of Progression)

Metric: 3. i

Particular	No. of Pages
Students Participating in sports Activities	13

Volleyball Practice Match with GBP PG College Rampur

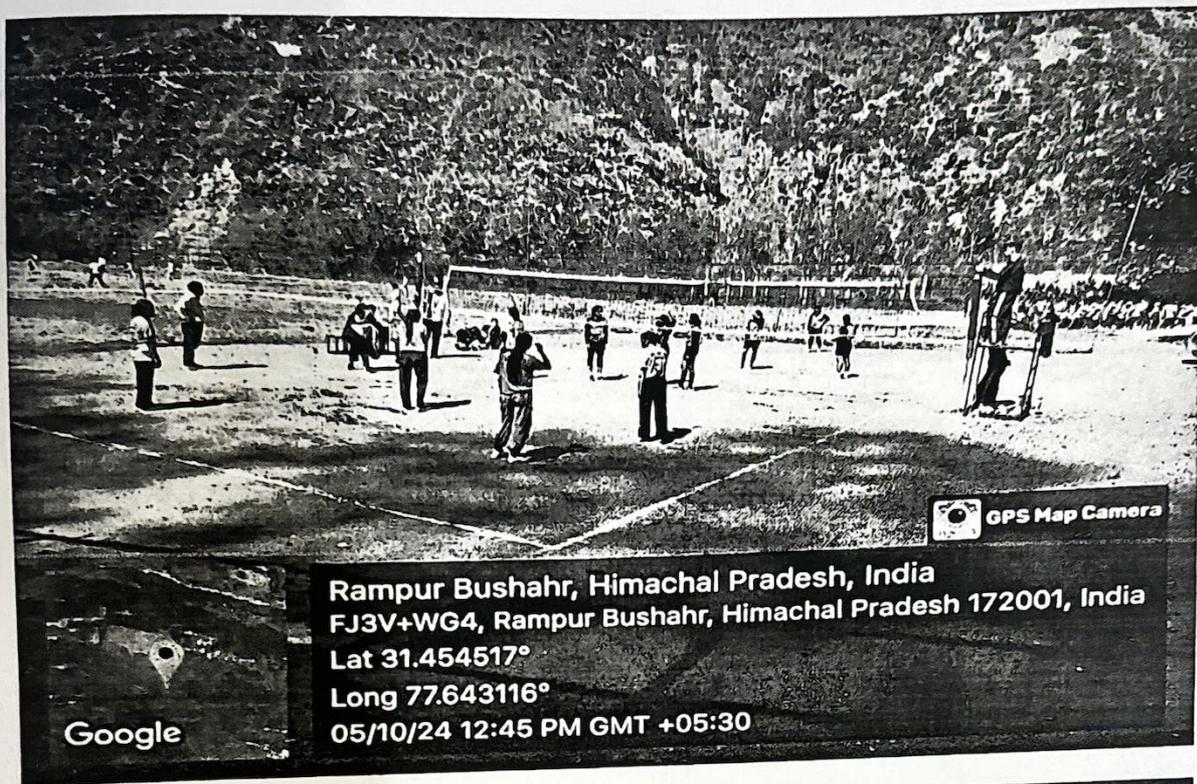
Volleyball team of boys and girls participated in practice match with Rampur College teams on dated 05-10-2024 at Rampur College. The match provided valuable insights into player capabilities and areas that require focused training. Substitutions and rotations were effectively managed, allowing for a balanced evaluation of the entire roster. Volleyball men team was escorted by Assist. Prof Rahul Sharma and women team was escorted by Dr. Madan Thakur. The overall atmosphere was competitive yet supportive, fostering team cohesion. This practice match served as an excellent opportunity for both teams to assess their skills and strategies in a competitive setting. Future practices should focus on enhancing defensive strategies and developing more cohesive offensive plays.



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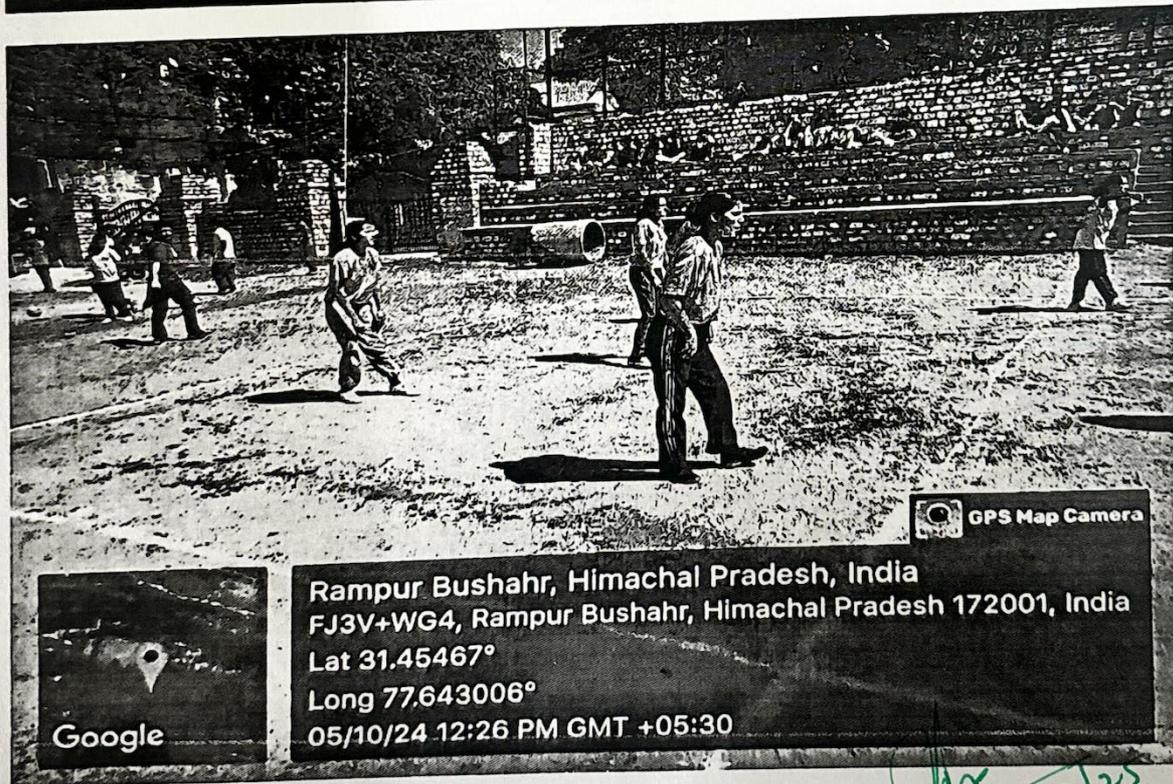
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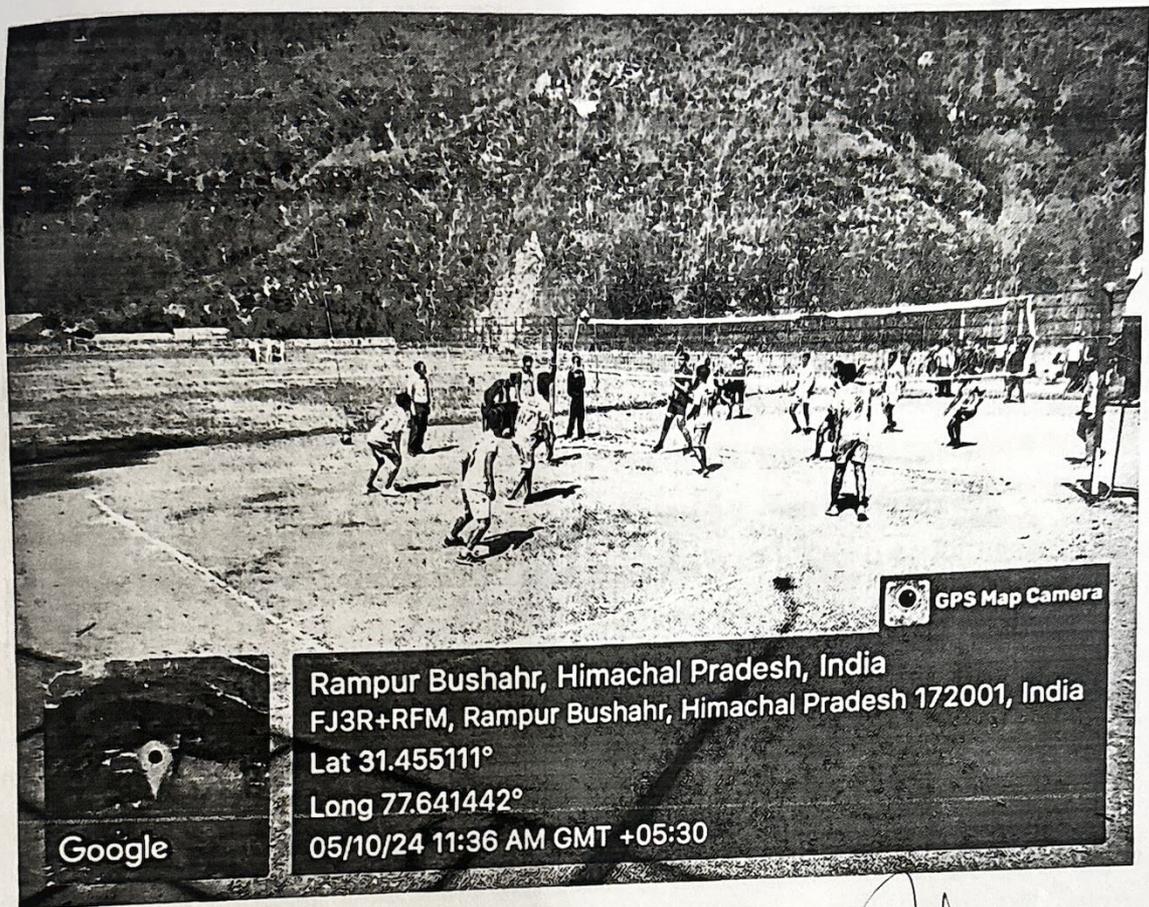
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Manoj Sharma
 Team in-charge
 GC Nirmand

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Inter College Volleyball Championship 23-10-2024 to 26-10-2024 At GDC Seema Rohru

The Inter-College Volleyball Championship was held on 23-10-2024 to 26-10-2024 at GDC Seema College Rohru, with several colleges from Himachal participating in the event. The competition was a highly anticipated one, showcasing the talent and sportsmanship of various teams. Our college's volleyball team participated with great enthusiasm and determination, representing us in the tournament. Unfortunately, despite our best efforts, we lost the match in the final round. The match took place on 25 Oct 2024 at 9 AM morning and was a thrilling contest between our team and GDC Solan. The competition was fierce, with both teams putting up a strong performance throughout the game. During the match, we encountered several challenges that contributed to the loss. Some of the major issues included:

Inconsistent Serve Reception: We had difficulty receiving the serves, which gave the opposing team an advantage in attack.

Communication Gaps: At times, there was a lack of clear communication on the court, leading to missed opportunities and mistakes.

Pressure in Crucial Moments: The pressure in the form executing plays effectively closing moments of the sets seemed to affect our players, preventing us.

In Nutshell:

While we did not win the match, the experience was invaluable for our team. It gave us the opportunity to learn from our mistakes and identify areas for improvement. Our players showed Great Spirit, and we are confident that with further practice and commitment, we will emerge stronger in future competitions. The loss has motivated us to work harder and refine our skills, ensuring that we come back stronger next time. We would like to extend our gratitude to the coaching staff, the supporters, and our college for their continuous encouragement throughout the championship. We is determined to

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**GOVT. DEGREE COLLEGE, NIRMAND
DISTRICT KULLU, HIMACHAL PRADESH- 172023**

ANNUAL SPORTS MEET

**Academic Session: 2024-25
(20 December, 2024)**

Report

The annual sports meet for Govt. Degree College Nirmand was held on December 20th 2024, marking a day of enthusiastic participation, competition and celebration of sportsmanship. The event kicked off with a grand parade, showcasing the spirit and discipline of the college's NCC and NSS units. College Principal Dr. Rajan Devi Negi was the chief guest of the event. The march past was a display of unity and pride, setting an energetic tone for the day ahead.

The sports events for the day included a variety of competitions, catering to both male and female participation. The key events were:

- 1. Shot Put (Men's):-** The Men's Shot Put event witnessed an enthusiastic participation with a total of **19 athletes** competing for the top honors. The competition was intense, showcasing impressive strength, skill, and technique from all participants.

Winners:

- **1st Place:** Manjeet
- **2nd Place:** Pranav
- **3rd Place:** Surajwan

Shot Put (Women's)

The Women's Shot Put event featured a strong field of **11 participants**, all displaying remarkable power and technique. The competition was spirited, with each athlete striving for excellence.

Winners:

- **1st Place:** Susheela
- **2nd Place:** Tara
- **3rd Place:** Ankita

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2. **Carom**:- A popular indoor game that tested the precision and focus of the participants. The Carom competitions drew keen participation and displayed strategic skill and concentration from all players.

Men's Event: A total of 14 participants competed in the Men's Carom event. The matches were competitive and engaging.

- **Winner:** Suraj

Women's Event: The Women's Carom event saw participation from 2 players, both showcasing focused game play.

- **Winner:** Sanjeeta

3. **Chess** :- The intellectual challenge of chess saw keen competition, with players strategizing their way to victory. The Chess event showcased strategic thinking and intense mental focus across both Men's and Women's categories.

Men's Event:

A total of 12 participants competed in the Men's Chess tournament. After several rounds of challenging matches:

- **Winner:** Manjeet

Women's Event: The Women's Chess event had 2 participants, both displaying excellent tactical play.

- **Winner:** Pallavi

4. **Badminton** :- Both male and female students participated in singles and doubles matches, displaying excellent agility and teamwork. The badminton event witnessed enthusiastic participation across all categories, showcasing talent and sportsmanship.

- **Men's Singles:**

A total of 8 players competed. **Jatin** emerged as the champion after a series of competitive matches.

- **Men's Doubles:**

14 players participated in this event. The duo of **Jatin and Sunil** claimed the title with strong coordination and skill.

- **Women's Singles:**

With 3 participants, the competition was intense. **Sushila** secured the top spot with consistent performance.

- **Women's Doubles:**

Among 4 participants, **Nirma and Sushila** outplayed their opponents to win the championship. The event was a great success, highlighting the growing interest and talent in badminton.

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5. **Volleyball** :- Volleyball matches were organized for both genders ,with fast paced action and teamwork defining the play. The Volleyball matches brought energy and teamwork to the forefront, with spirited participation from both men's and women's teams.

Men's Event:

- **Total Teams:** 2
- **Total Participants:** 15
- **Winning Team:** B.A. 2nd Year

Women's Event:

- **Total Teams:** 2
- **Participants** 14
- **Winning Team:** B.A. 3rd Year

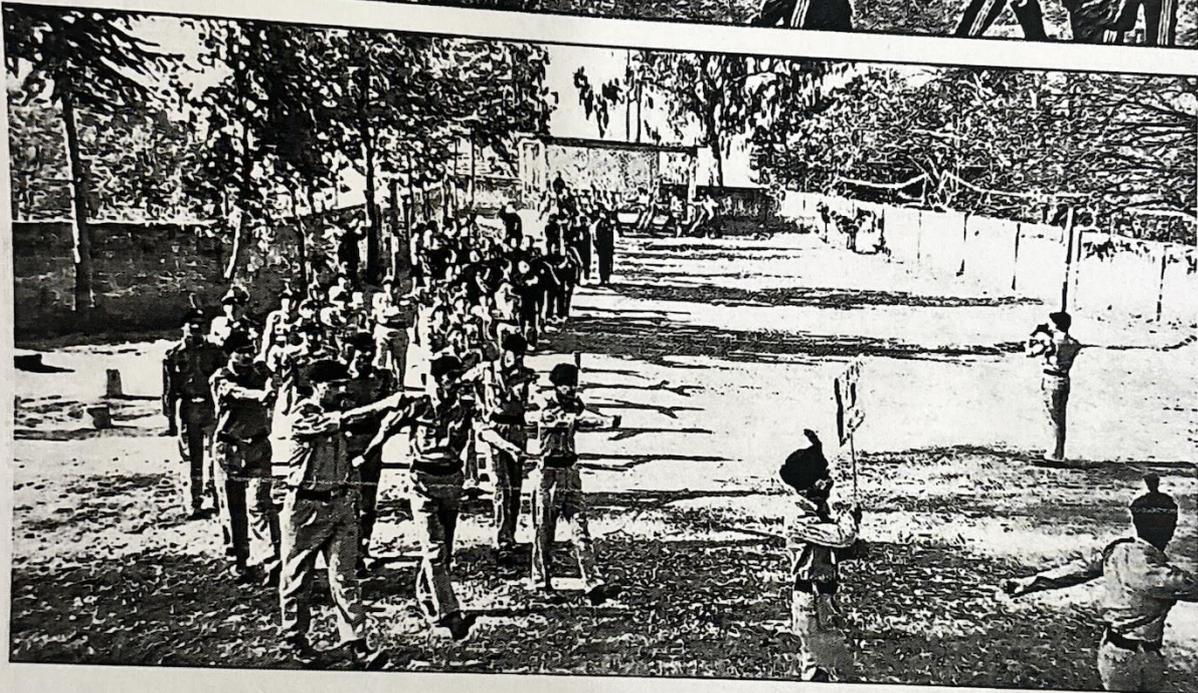
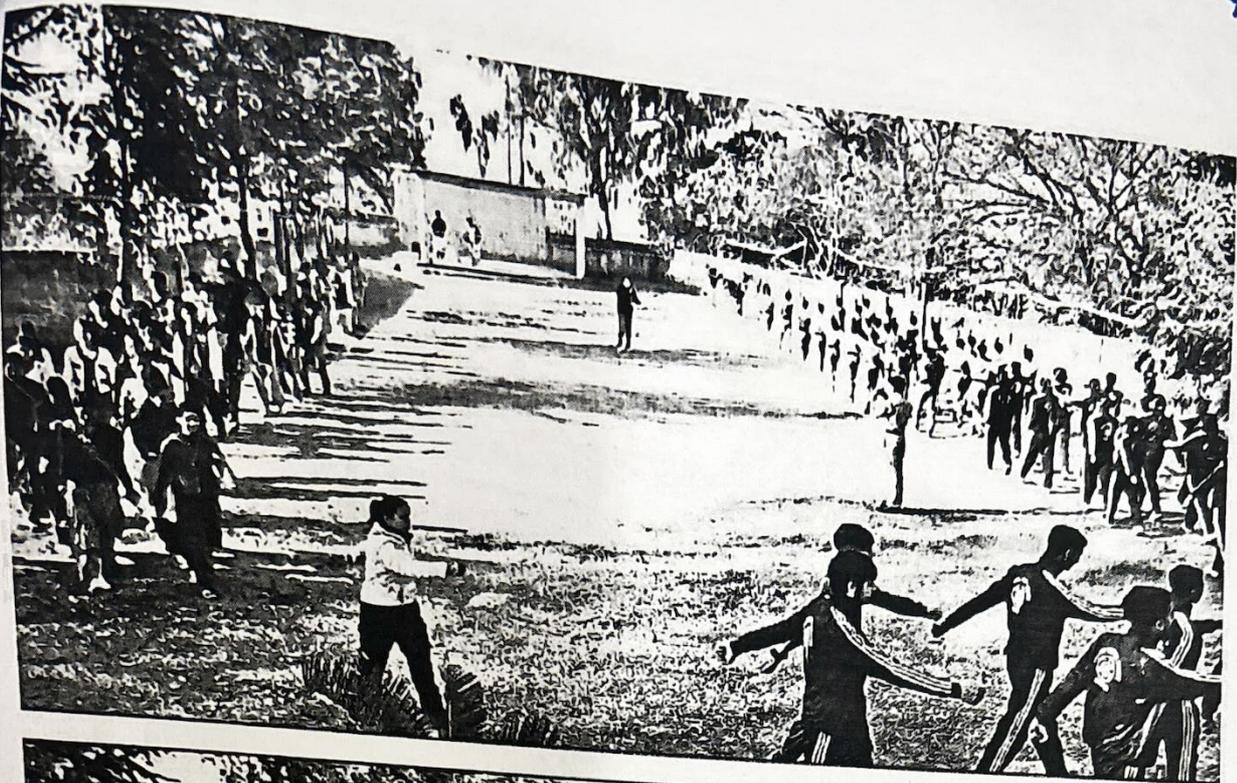
The events saw active participation from students across various departments, fostering a sense of community and camaraderie. The days success was marked by excellent organization , with seamless transition between events and was attended by students , faculty and other staff members, all of whom contributed to creating a vibrant and engaging atmosphere. Annual sports was a resounding success and was officially closed by Principal GDC Nirmand Dr. Rajan Devi Negi.

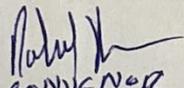
Rajesh Sharma
Sports In Charge
Govt. College Nirmand

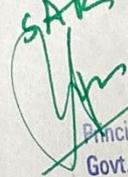
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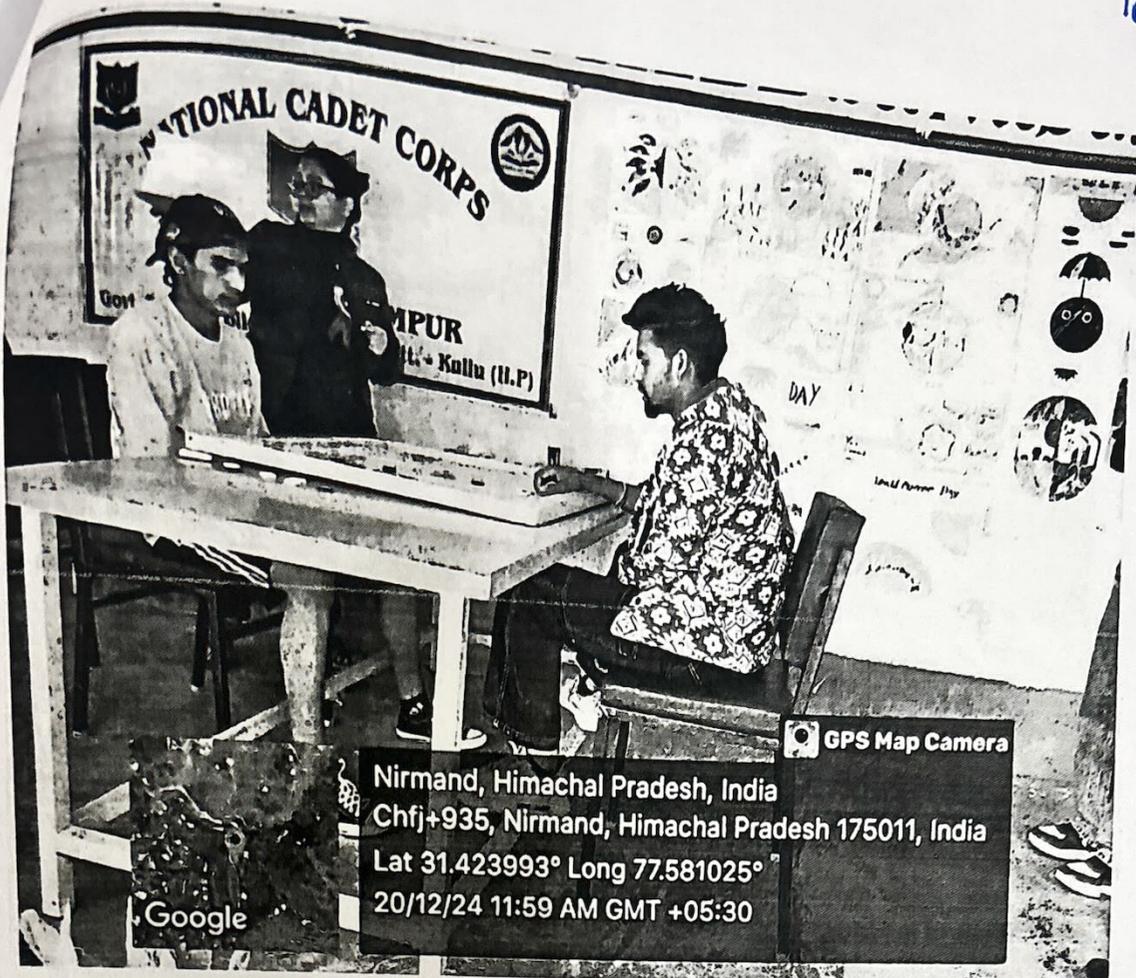
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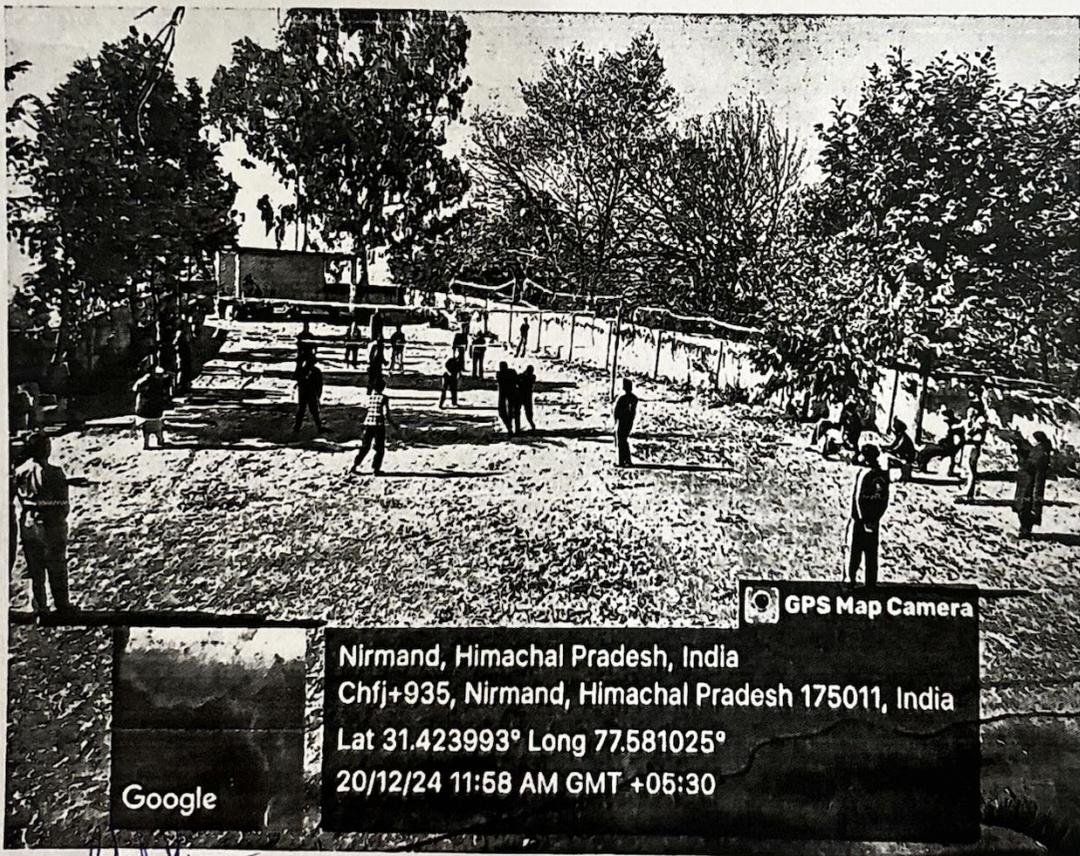
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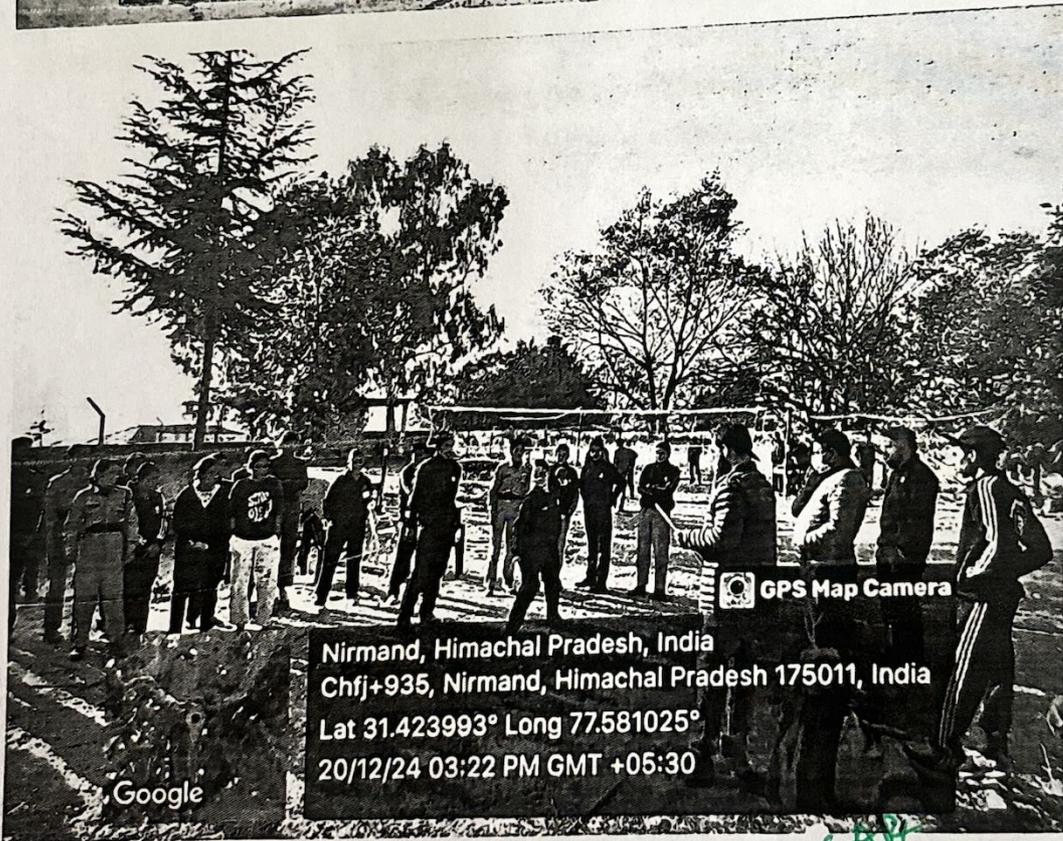
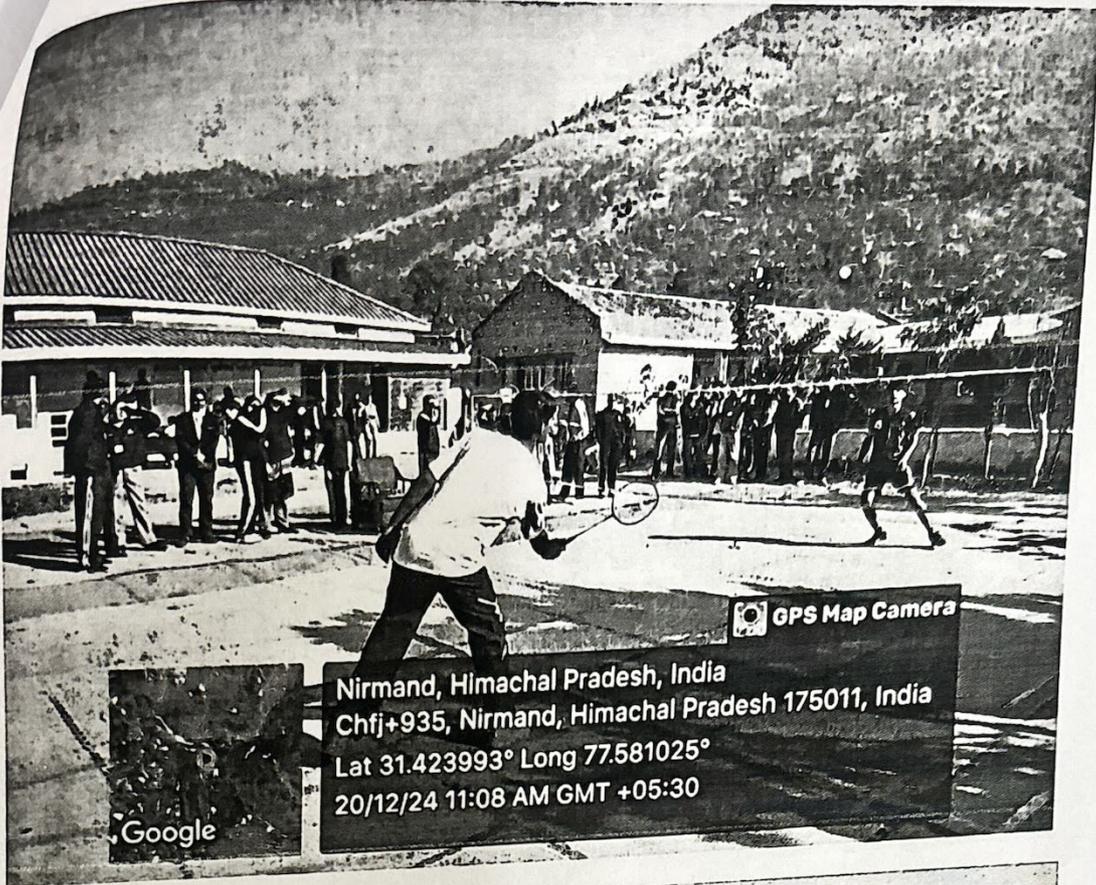


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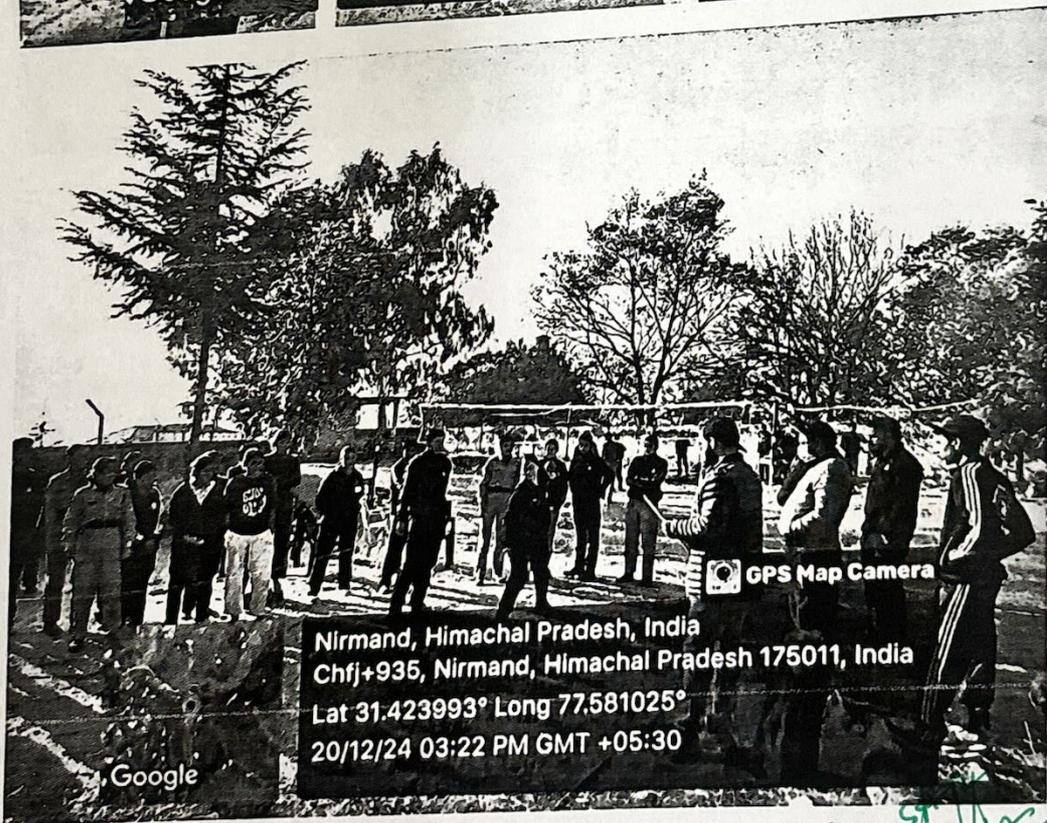
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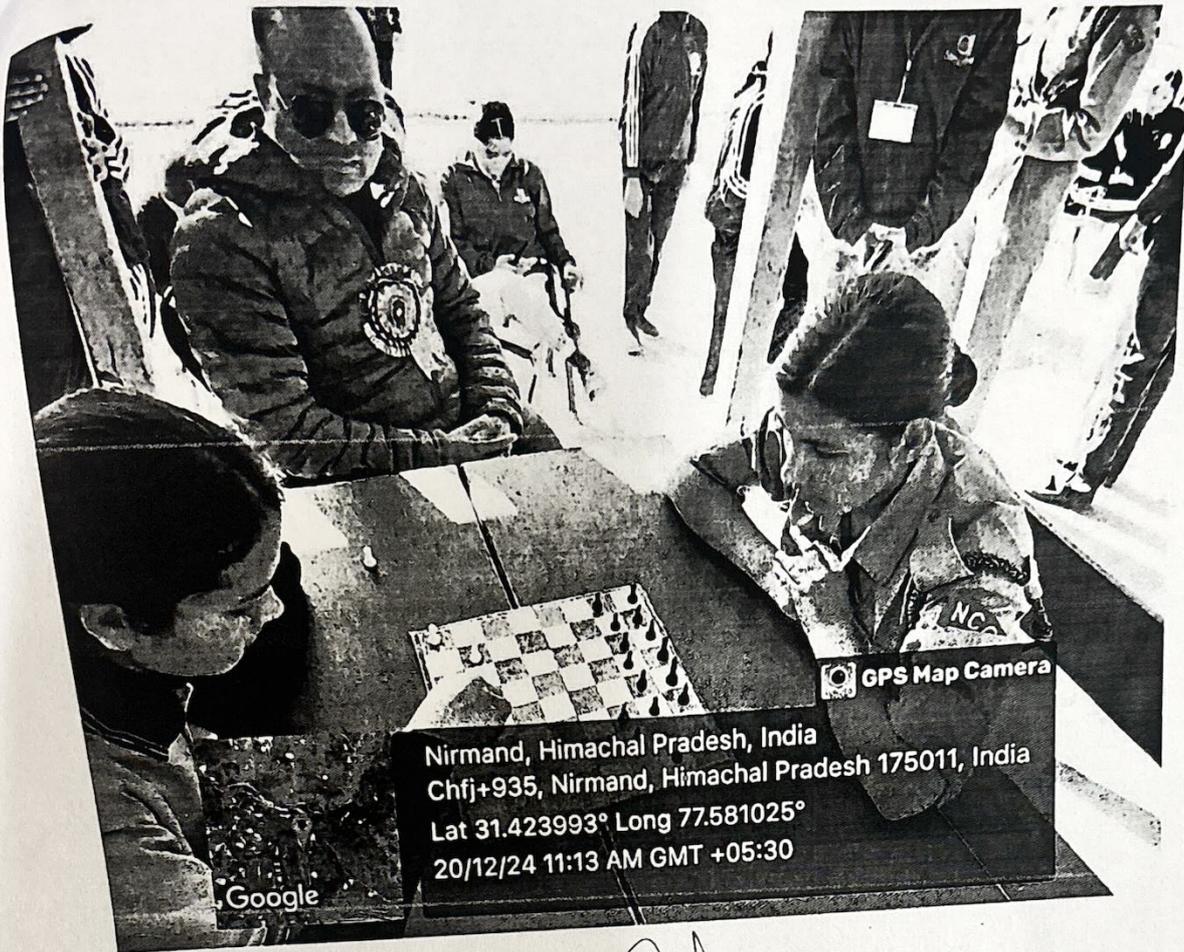
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Prabhu Sharma
Sports In Charge
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